# **Thinking through Junior Psychologists**

## English & Media

#### What influences us to act the way that we do?

This WAO gives you the opportunity to study the human mind and behaviour through increasing your understanding of psychological topics as well as your analysis and evaluation skills. You will study mental health from a psychological perspective and take a focused look at several disorders of the mind.



### Skills Focus















### Recognition of Achievement

N4 Mental Health and Wellbeing Award

### Learning Intentions & Success Criteria

#### **Learning Intentions**

I will:

- develop my knowledge and understanding of features that contribute to the individual through a focus on mental health and mental disorders.
- develop my research skills and ability to interpret research studies.
- be able to de-bunk myths around mental health.
- develop my knowledge of coping strategies for better mental health.

#### **Success Criteria**

I can:

- describe and explain different mental health disorders from a psychological perspective.
- apply my knowledge of mental health and wellbeing to real life contexts.

## Senior Phase Progression

L5 NPA Psychology WAO N5 Psychology WAO Higher Psychology Senior Psychology WAO

